

# Designing for and Living with NATs and Firewalls

Protocol Design - S-38.3157

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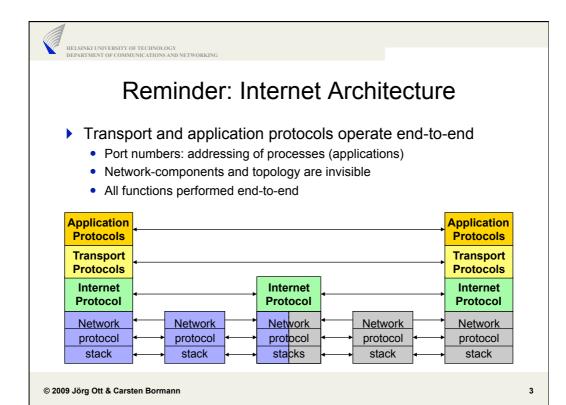
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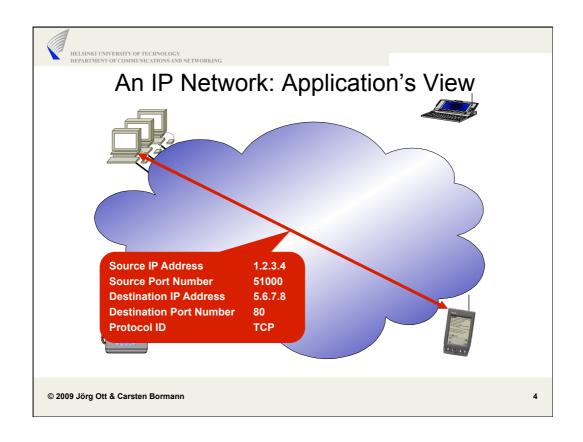


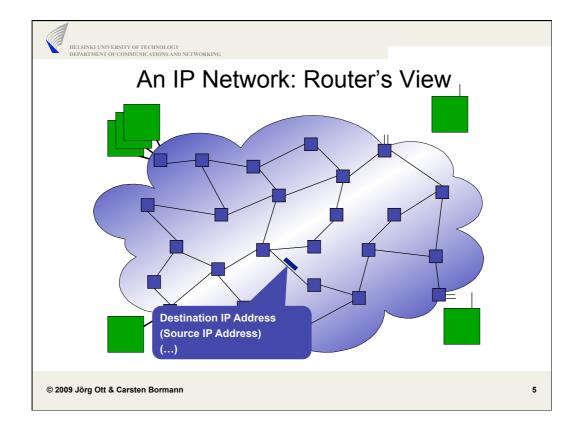
"The primary purpose of **firewalls** has always been to **shield buggy code** from **bad guys**."

Steve Bellovin, IETF Security AD

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## **Key Concepts of the Internet Architecture**

Hosts know nothing about the network.

Routers know nothing about applications.

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## The Internet in the good ol' times...



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## ...and today.

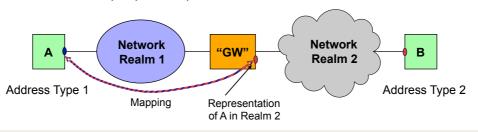


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### Fencing off (Sub)Networks in the Internet (1)

- Because they do not mix
- Issue 1: Technical incompatibility because of addressing
  - · Historic motivation: lack of IPv4 addresses
  - Network Address (and Port) Translator (NAT, NAPT)
  - More general problem: translating between different addressing realms
  - Different example: parallel operation of IPv6 and IPv4



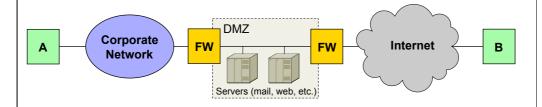
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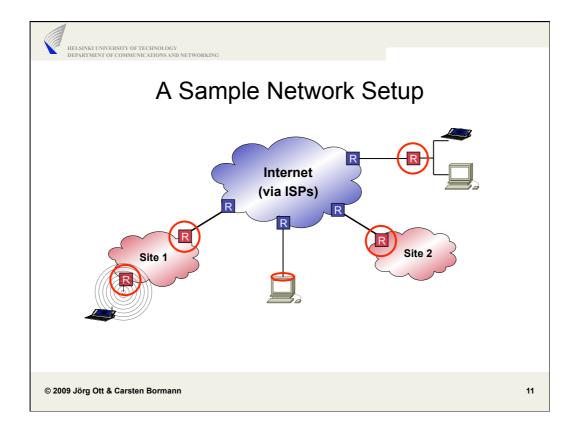


## Fencing off (Sub)Networks in the Internet (2)

- Issue 2: Different levels of trustworthiness
  - Firewalls: "outside" vs. "inside" of corporate networks
  - Sometimes semi-trusted ("demilitarized") zone (DMZ)
  - · Dedicated devices for an entire subnet
  - Complemented by host firewalls
    - Minimize the amount of code that needs to work properly for effective defense



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## Recap: "Security Devices" for IP Networks

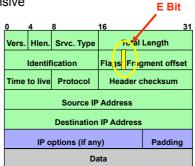
- Packet Filter
  - (dis)allow forwarding of packets to/from certain addresses
  - Protect networks from stray traffic
- Application Layer Gateway (ALG) / Proxy
  - · control (and police) communications at application layer
- Firewall
  - · Combination of the above
  - · protect internal resources against access from the outside
- Network Address Translator (NAT)
  - minimize required fraction of "Internet" address space
  - hide internal IP addresses
  - · perform packet filtering for unknown traffic

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### Classifying Traffic: The E(vil)-Bit

- Key question: how to identify malicious or other unwanted traffic
- Potentially intense processing required per packet
  - · Source + destination IP addresses and port numbers, protocol type
  - · Stateful packet inspection even more expensive
- Solution: RFC 3514 (1 April 2003)
  - "The Security Bit in the IPv4 Header"
  - Straightforward traffic identification
  - · Fail-safe, easy to implement
  - E == 1: packet has evil content
  - E == 0: packet is ok
  - · Firewalls simply discard evil packets
  - Extension for IPv6: "evil strength"



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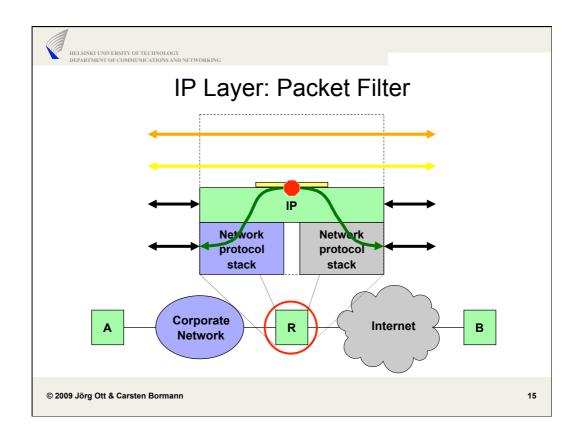
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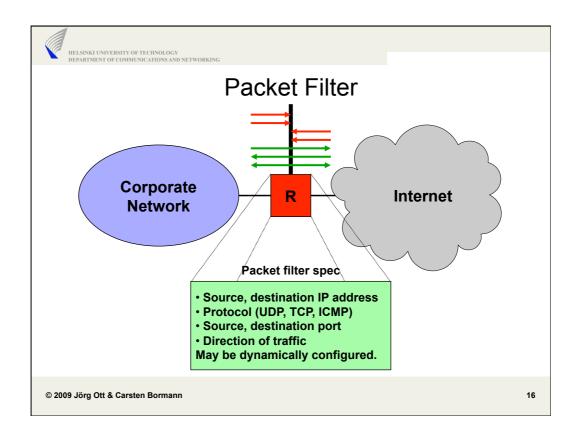


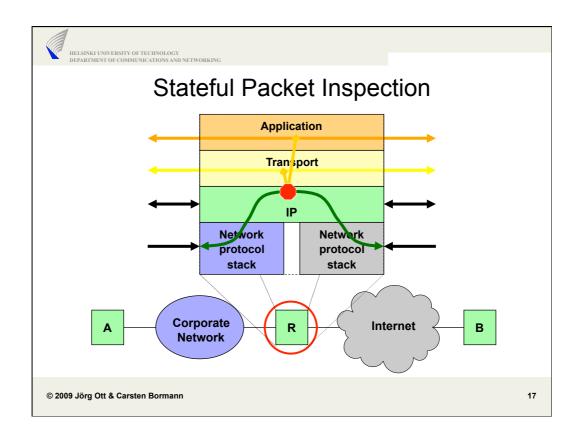
### Classifying Traffic (2)

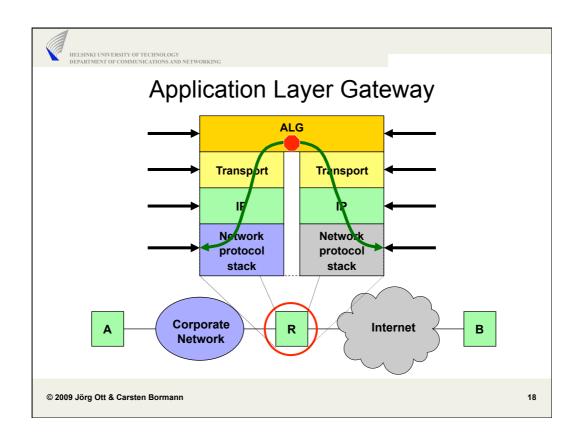
- Traditional approach: quintuple: (src IP address, dst IP address, protocol, src port, dst port)
  - · Generally used for flow identification
- Hope to identify traffic as "legitimate"
- Issues
  - IP addresses often largely meaningless
  - Attackers also know what may be considered legitimate
    - E.g., src port 20 for ftp-data
  - Dynamic ports
  - IPsec protected traffic: ports become invisible
  - · Application layer multiplexing
  - Future transport protocols?

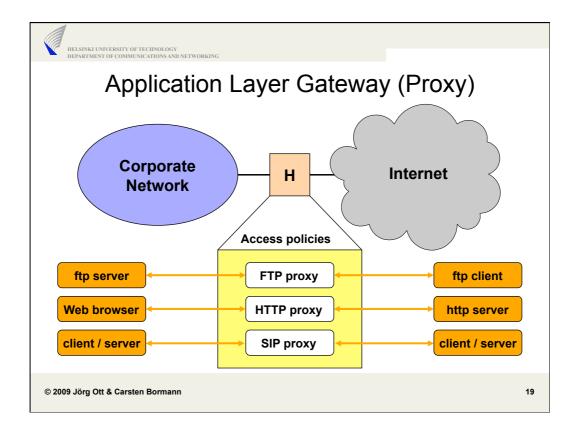
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### Summary: Firewalls

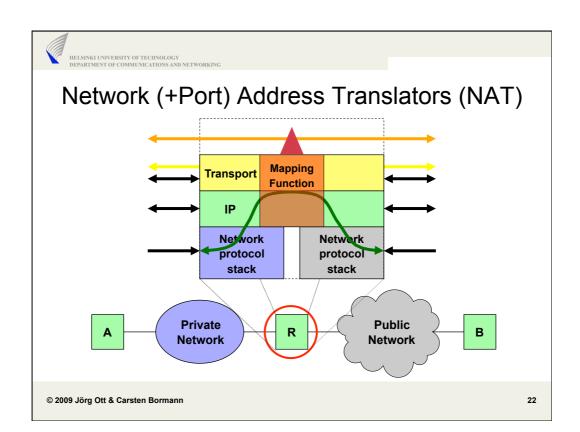
- Packet filters, enforcing packet altering/forwarding policies
  - · Filter specification: Usually statically configured
  - Most configurations disallow packets for "non-standard ports"
- Stateful packet inspection
  - · Detect transport or application context of packets
  - · Dynamically adapt filter specification
- Application layer gateways
  - Terminate connections: act as transparent or explicitly visible proxies
  - Monitor connection: parse contents of application protocols
    - Functioning precludes end-to-end security!
  - · Dynamically adapt filter specification
- Policies may be applied at all layers

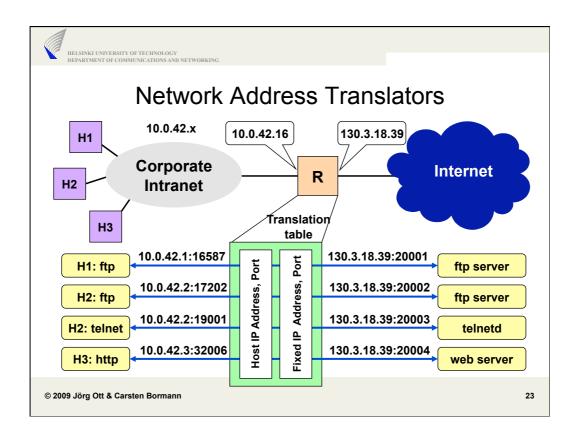


### **Network Address Translators**

- Intermediate systems that can translate addresses (and port numbers) in IP packets
  - Often used to map global addresses to address/port number combination of hosts in a corporate network
- Different motivations
  - · Efficient usage of address space
    - Share one globally unique address
    - Use a private address space in the enterprise (10.x.x.x, 192.168.x.x, ...)
  - Security
    - Make internal host inaccessible from the public Internet
    - Hide addresses / address structure
- Include dynamically configured packet filters, stateful packet inspection

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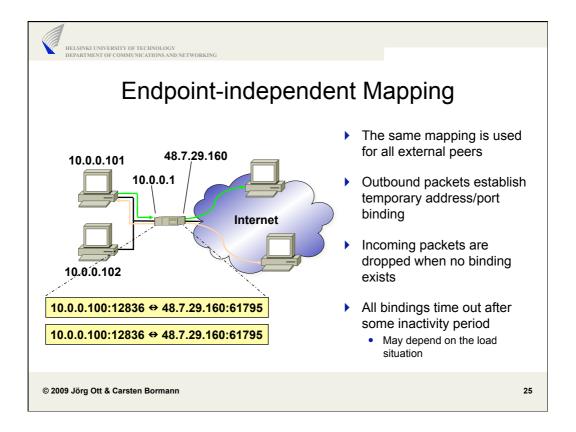


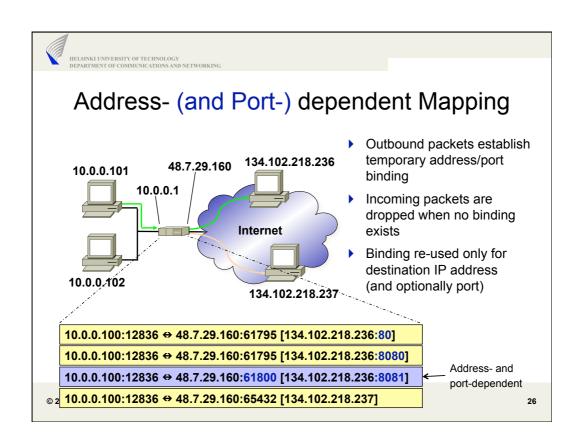


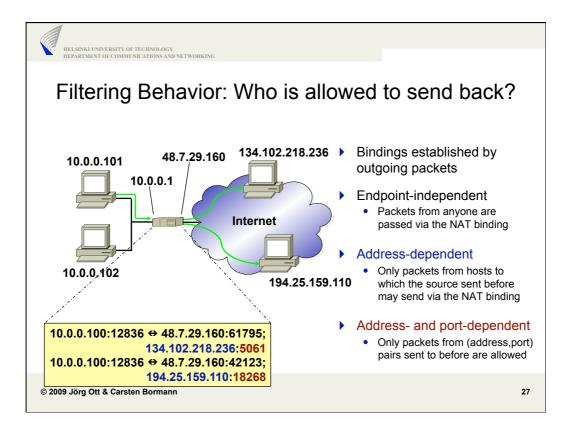


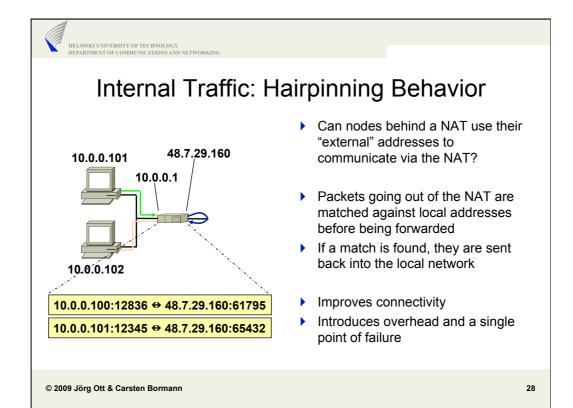
### Operation of NA(P)Ts

- NATs usually only one-way permeable for initiating connections
  - From private to public network
  - Other direction limited to statically pre-configured addresses
- Mapping: NATs create address/port number mappings
  - Mappings are usually created dynamically, e.g. on connection setup
  - Static configurations also possible
  - Works best with connection-oriented communication
  - Most common case: TCP connection from client-server sessions
    - Client in private address space, server in public Internet
  - NATs have to keep state for mappings that are tied to connections
    - To allow for traffic in the opposite direction to pass
- ▶ Filtering: Which traffic is allowed back in depends on NAT type
  - Important for UDP traffic (i.e. media streams)!











### Mapping: Port Assignment

- Port allocation regime in NATs varies widely
- Next assignment: what comes after port N?
  - N+1? Random? Address-dependent? Port-dependent?
- Parity preservation
  - Will internal even (odd) ports be mapped to external even (odd) ones?
- Continuity: what happens for adjacent internal ports
  - Will they be mapped to adjacent external ones?
- How are assignments spread across different external IP addresses?

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### Refreshing and Discarding Assignments

- Discarding assignments when no longer needed
  - TCP: easy via FIN packet
    - What to do for long-lasting connections? Timeout!
    - Recommendation: keep binding for > 2 hours
    - Often not honored in practice
  - UDP: no explicit setup and teardown packets
    - Discard based upon timeout
    - Recommendation: ≥ 2min
    - Again frequently not honored in practice
      - 15 second refresh intervals are recommended by some protocols
- Refreshing through traffic
  - Inbound traffic bears some DoS (and other) attack risks
  - · Outbound-only traffic appears safer

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### Some Assumptions for NATs and Firewalls

- Applications follow client-server paradigm
  - · Communications are usually invoked from the inside
- Traffic is self-describing
  - Example: applications use well-defined ports
  - Example: TCP ACK bit indicates established connection
- Connection-oriented protocols (e.g. TCP) dominate
  - · Beginning and end of communication session can be identified
- Communications from the outside limited to a few servers
  - · Often placed in a DMZ

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### Some Issues with Firewalls and NATs (1)

- Fragmentation
  - Outbound: Fragmentation ID collision (unique per source IP address)
  - Inbound: Fragments cannot (easily) be forwarded (port numbers are missing)
  - Need to keep state in the NAT/firewall
- Packet forwarding
  - · IPsec end-to-end does not work
  - ICMP state needed
  - · Integrated services?
- Configuring NATs / firewalls
  - Inbound vs. outbound connections what is inbound, what is outbound?
  - Per-endpoint restriction (sender, receiver) may be desirable
  - How to identify and authenticate users and their flows in a middlebox

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### Some Issues with Firewalls and NATs (2)

- Running servers (on well-defined transport addresses)
  - Firewalls: Allow specific transport addresses to be reachable ("www.tkk.fi:80")
  - NATs: Specify port forwarding for specific nodes
    - Port 80 of a public IP address is mapped to one particular private IP address
    - Issue: Only one entity per port number
- Running peer (and peer-to-peer) protocols
  - Firewalls: issue with dynamically assigned IP addresses
  - NATs: Port forwarding impossible: only one entity per port number

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### Some Issues with Firewalls and NATs (3)

- Major issue: Non-predictable addresses
  - Dynamically negotiated addresses during communications
  - Symmetric communication relationships with different client addresses
  - (Invocation of) communications from/to unknown peers
- Trivial example: FTP
  - Data transfer uses newly opened TCP connection (from server to client)
  - Client supplies parameters dynamically (valid only for limited period of time)
  - Firewall: who is prepared to receive incoming connections when?
  - NAT: address translation renders specified address unusable
    - Private address "leaks" to a public node
  - FTP remedy: passive mode → reverse connection setup direction
  - Implicit assumption: server resides in public address space and is not protected by a firewall

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### Some Issues with Firewalls and NATs (4)

- Non-trivial example: SIP-based telephony
  - Both peers may or many not be behind NATs/firewalls
  - · Many peers may be behind the same NAT/firewall
  - Signaling (reachability) solved moderately well within SIP
  - One issue (out of many): Uses UDP-based media streams
  - No connection setup, no client-server relationship
  - · Firewalls will drop packets: Phones allow specifying fixed port ranges
  - NATs will invalidate addresses
- Side issue: 10.0.0.5 ≠ 10.0.0.5 ?
  - Private address spaces are often the same (meant to be!)
  - Is a received address local (and thus valid) or remote (and hence not valid)?

Increasingly relevant for modern protocols beyond plain client-server!

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### Summary: Firewall and NAT Applicability

- Firewalls and NATs help against unwanted traffic from the outside
  - Denial-of-Service attacks, port scans, break-in attacks, worms
  - ALGs against viruses
- But: Firewalls and NATs may also prevent legitimate traffic
  - Evil effect on IP communications: Break end-to-end model
  - Have many implicit assumptions about protocols
  - Do not work well with a number of protocols
    - Including their security features
- Just one piece in a security portfolio, to be applied wisely
- Applications and protocols still need security
- Users and their behavior still pose a significant risk

But they are real and they will stay around!

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### Dealing with Firewalls and NATs

- [Write only client-server protocols and place the server in the open Internet — or something similar...]
- Application Layer Gateways
- Middlebox Communications (MIDCOM)
- ▶ Simple Traversal of UDP through NATs (STUN\*)
- ▶ Travel Using Relay NAT (TURN\*)
- Interactive Connectivity Establishment (ICE\*)
- \*) Unilateral Self-address fixing (UNSAF) considerations (RFC 3424)

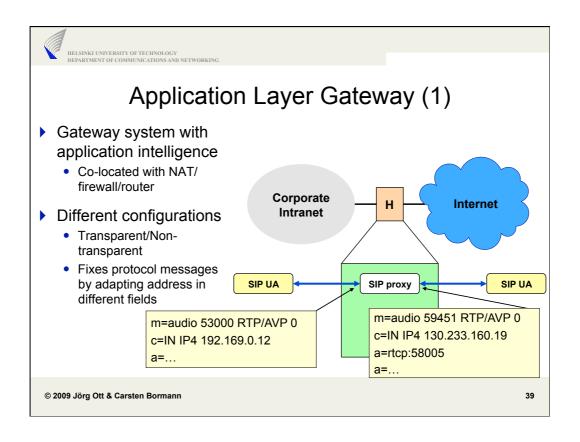
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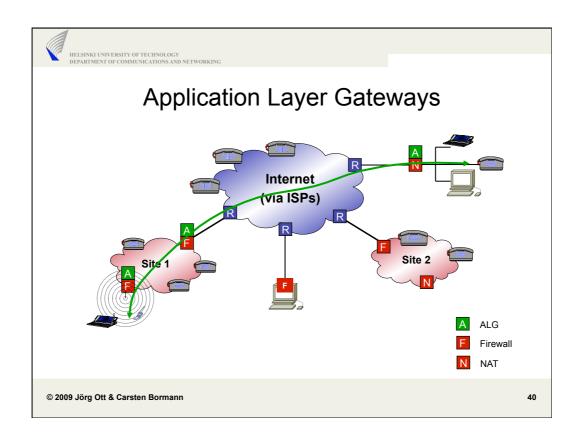
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Application Layer Gateways (ALGs)

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## SIP Application Layer Gateway (2)

#### Many issues

- Conflicts with security (e.g., signed or encrypted message contents)
  - TLS: client-side certificate check will not succeed
  - Snooping-only ALG may not even see the relevant information
  - Essence: ALG must become part of (trusted?) application infrastructure
- ALG solution requires application-specific support for each application
  - Have to be upgraded for new applications
  - Application protocols may be complex (ALG builders may not get them right)
  - Feature race between application protocol designers (and implementers) and ALG vendors
- Scalability
  - Functionality concentrated on single NAT/ALG box
  - Must be available on all entities along the path
- Robustness
  - Intermediary boxes become single points of failure (unless state sharing protocol implemented) even if the application protocol itself supported failover
- Reliability
  - Rewriting of protocol messages not robust with respect to extensions, future protocol versions etc.

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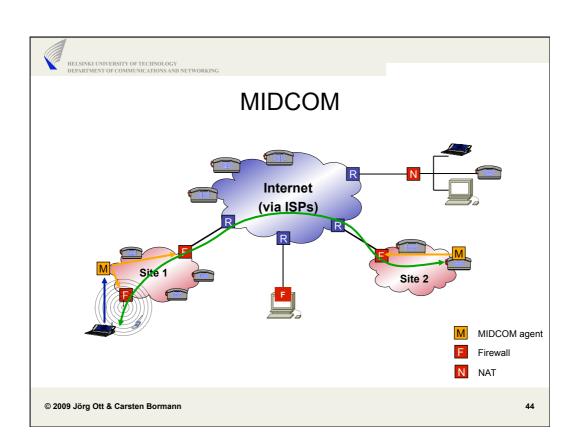
### **Explicit Middlebox Signaling**



## Trivial Example: SOCKS (RFC 1928)

- SOCKS allows a client to communicate via a middlebox
  - Protocol between client "behind" middlebox and middlebox
- Operations
  - Bind to an externally visible address (and obtain this address) at the middlebox
  - Connect via a middlebox to a TCP peer
  - Create an association for a UDP flow via the middlebox
    - UDP-in-UDP tunneling of datagrams
- Authentication with the middlebox needed
- Usable for
  - IPv4-IPv6 translation
  - · NAT and firewall traversal

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### **MIDCOM Issues**

- Needs to be standardized in the first place
- Must be supported by vendors (may lose their competitive edge)
  - If so, products need to become available and to be deployed
- Location problem: How to discover intermediaries?
- Organizational problems: Security Policy
  - Cannot control NAT box of public ISP
    - E.g., in a WLAN hot-spot
    - Motivation for the hot-spot operator?
  - Authentication of users and authorization of operations
- Must be really secure (authentication, authorization)
  - · Hard to achieve
  - Example: UPnP is rather insecure today
  - And: third parties may misuse pinholes once created

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## Short Excursion: End-to-Middle Communications

Some thoughts inspired by Xiaoming Fu (Uni Göttingen)

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### **Motivations**

- Previous slides: enabling/disabling traffic from/to certain nodes for certain applications using certain protocols
- ▶ Historically more general problem: Quality of Service
  - · Going beyond best effort traffic treatment of a media flow
  - "What if we can change the network?"
- Signaling from application (hosts) to routers about flow handling
  - Per-flow QoS provisioning
  - Flow blocking ("extreme QoS") or passing
  - Flow routing/forwarding (path selection, label distribution)
  - Flow processing ("Active Networks")
- Flow identification
  - · Quintuples, flow labels, ToS fields, ... (extreme: contents)
- Remember in all cases: routers have to remain efficient and scalable

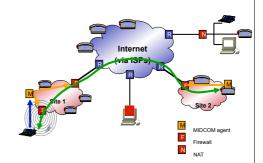
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### **Functional Requirements**

- ▶ Endpoints need to agree
  - Two or more than two?
- Endpoints need to locate (the relevant) routers on the path
  - In both directions (remember: asymmetric paths are possible)
- Endpoints want to install state
  - Routers need to authorize actions
  - Need to consider policies
    - Intra- and inter-domain
- Need to deal with route changes
  - Follow the routes or fix the routes
- Need to remove state
  - Invoked by the endpoints or cleanup



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### How to Signal?

- Initiator
  - · Source vs. destination(s) vs. all
- Router location
  - · Configured (known) routers: use some "end-to-end" protocol
  - Implicit location: control packets pass through nodes and cause actions
  - Explicit location: running a separate location protocol
- In-band vs. out-of-band
  - In-band: data and control share the same communication channel (packets)
  - Out-of-band: uses separate signaling channel ("control plane", separate packets)
- Path-coupled vs. decoupled
  - Path-coupled: data and control take the same path (all the way)
  - Path-decoupled: uses an independent path for control (parts/all of the way)
- Relationship to IP routing
  - Integrated: signaling state is established that guides data packet forwarding
  - Influencing: extends the basis for forwarding decisions (beyond the destination IP address)
  - Independent: data and control packets (and state) follow the IP routing/forwarding

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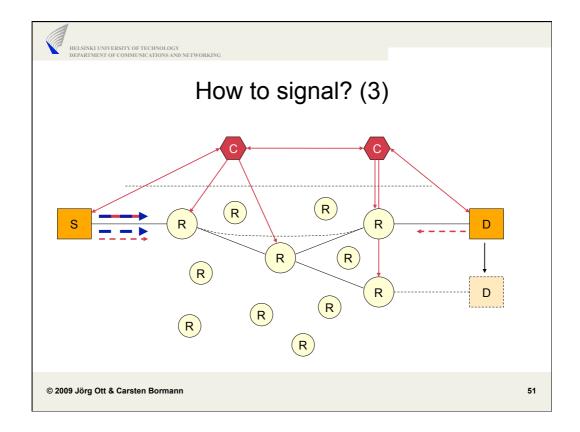
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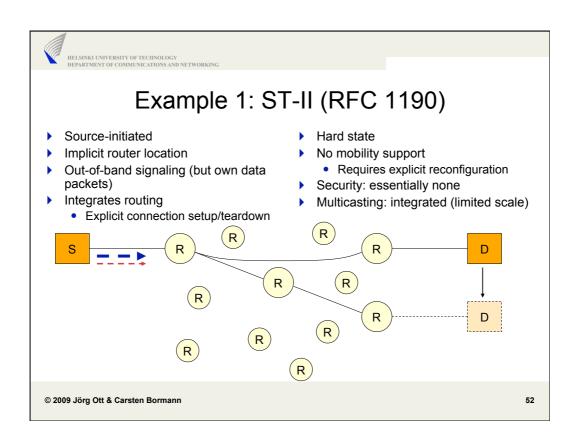


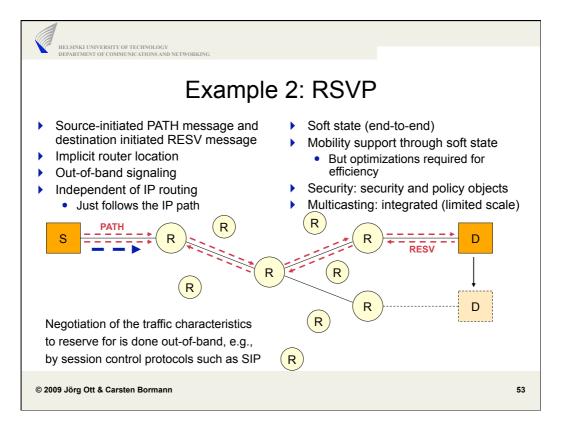
### How to signal? (2)

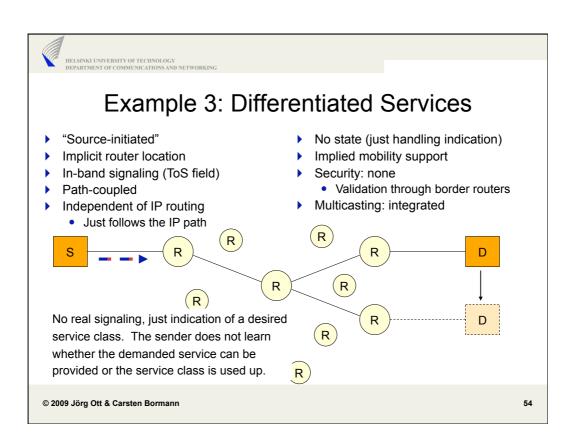
- Soft-state vs. hard-state
  - Reliability: hop-by-hop vs. end-to-hop
  - Responsibility for state: next hop vs. hosts
- Mobility
  - How to minimize the (end-to-end) overhead when hosts change points of attachment to a network?
  - How to ensure seamless QoS?
  - How to maintain QoS in the first place (and how to deal with failures)?
- Security
  - · Authentication, policies, authorization
- Multicasting...
  - · Point-to-point a special case of multicasting?
  - Treat point-to-point separately?
  - Multicasting adds too much complexity for too little value (painful experience)

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### **End of Excursion**

- ▶ Controlling nodes ("middleboxes", routers) in the network is tricky
  - Need to get many things right
  - · May easily increase brittleness
  - May raise interoperability issues
  - · Surely has deployment problems
- Careful design required
  - To maintain the robustness properties of the Internet
  - Not to create unforeseen feature interactions
  - · Beware of security issues and new angles for DoS and other attacks
- At the end of the day, the applications cannot rely on a completely controlled path in the open Internet
  - Need to (be prepared to) work around these issues
  - Need to be adaptive to the networking conditions

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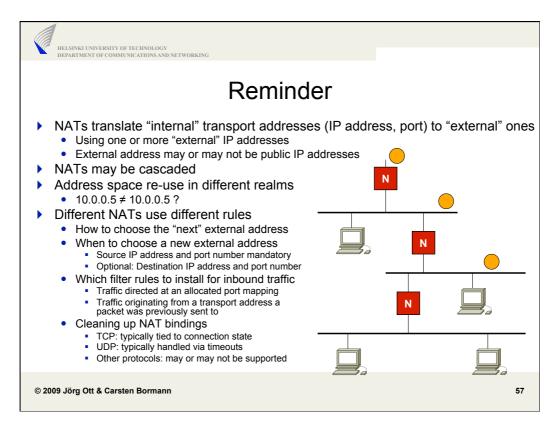


# NATs: Determining usable "outside" addresses in the endpoints

(Unilateral Self-Address Fixing, UNSAF)

- Maintain end-to-end idea as much as possible
- ▶ Examples: STUN, TURN, ICE

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### **UNSAF** Considerations for NATs

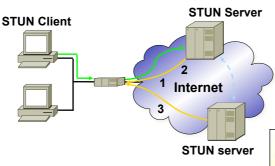
- There is no uniquely determinable "outside" to NATs
- Addresses can only be determined relative to a specific point in the network
  - It may not be known "where" this point is
  - An UNSAF service may have a different viewpoint with respect to an entity and thus see a different "relative" address compared to the peer of the entity
- ▶ Enabling incoming traffic may circumvent other security measures
- Basing future operation on past observations is risky
- UNSAF services and middleboxes may increase brittleness

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### RFC 3489: Simple of UDP Through NATs (STUN)

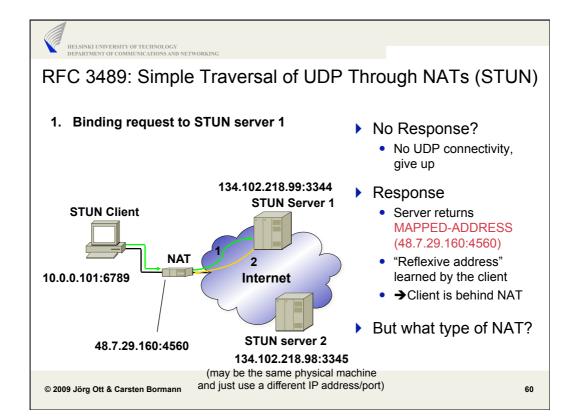
- Detect NAT type and public IP address
  - External server echos observed source address and port
  - Optionally request IP address and/or port change for response
- Still not available for requests from any host outside...



- 1. Echo source address, send from recv port
- 2. Client requested port change
- 3. Client requested address change

Received/dropped responses determine type of NAT

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### **STUN Security**

- Anybody could send UDP messages with faked IP addresses
  - · Gives rise to numerous attacks
- Establish a shared secret between client and server
  - Performed via TLS (i.e., reliable and secured transport)
  - · Server authenticated by means of certificate
  - Server issues temporary "username" and "password"
  - Used in subsequent UDP-based STUN binding requests for authentication
- Alternative: STUN client and server share a signaling relationship
  - E.g. a SIP dialog when the STUN server runs on the peer system
    - STUN server dynamically instantiated on each RTP or RTCP port
  - Leverage the trust previously established no need for TLS connection

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### RFC 5389 (3489bis)

- Session Traversal Utilities for NAT (STUN)
- Removes attempt to understand and identify NAT types
  - Only the mapping is obtained and connectivity can be checked
  - $\bullet$  Traversal realized differently  $\rightarrow$  see TURN and ICE
- Adds XORed reflected transport addresses
- ▶ FINGERPRINT to support demultiplexing STUN and data packets
- Challenge-response authentication
- Generalizes operations: base protocol + usages
  - Request-response pairs + server-initiated indications
  - Short-term password usage: TLS-based sharing of a secret
  - · Binding usage: simple address discovery
  - Keepalive usage: maintain the NAT bindings alive
  - External: TURN usage: support packet reflection by a server

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### **STUN Summary**

- STUN provides a means for an application to traverse NATs
  - · Detect existence of NATs
  - [Detect type of NATs]
  - · Maintain address bindings alive in NAT
  - · Learn address bindings and usable public address
  - · Intended for enabling peer-to-peer communication in NAT scenarios
- Not a complete solution
  - Symmetric NATs still a problem
  - Does not help if both peers are behind NATs
- Approach to deal with symmetric NATs
  - · Run STUN server with each media endpoint
  - (on each RTP/RTCP port)
  - Does not help if both endpoints are behind different NATs

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### Traversal Using Relay NAT (TURN)

**TURN Server** 

3 4 Internet

- Idea: Provide forwarding service in the public internet
  - · Client behind NAT has single connection to TURN server
  - Server forwards incoming packets destined for TURN client
    → Relay NAT
  - · Protocol-agnostic no ALG needed
  - Authentication to prevent DoS-attacks (similar to STUN)
- 2. TURN-response, including address/port

1. Allocate TURN port

- 3. SIP registration with TURN contact
- 4. SIP request from outside is routed to TURN Server

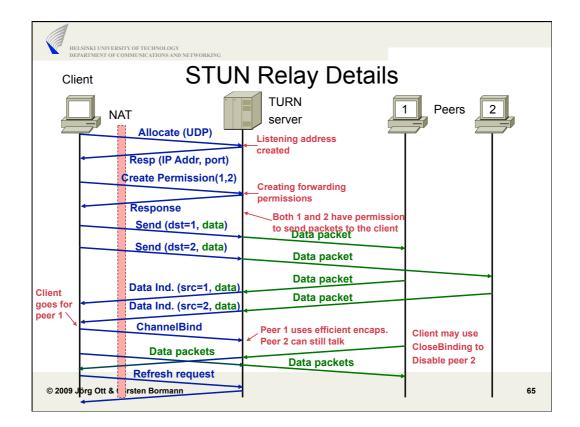
(similar for media)

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**TURN-enabled** 

SIP phone

SIP phone





### STUN Relay Details (2)

- Uses STUN framework for message exchanges
  - Defines new STUN usage
  - · Uses the same authentication mechanisms
  - STUN and TURN servers likely to be identical
- Relaying of both UDP and TCP
  - Mapping between different transport protocols possible

UDP → UDP, TCP → TCP, TCP → UDP, TLS → TCP, TLS → UDP

- Identification of a transport relationship by means of a 5-tuple
  - Source, Destination IP address and port, protocol id
  - Internal 5-tuple: NAT-STUN/TURN server
  - External 5-tuple: STUN/TURN server remote peer
- Introduces additional 4-byte framing
  - Distinguish STUN requests from application data
  - Distinguish framed from unframed STUN messages

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### Interactive Connectivity Establishment (ICE)

- Networks with segmented connectivity, different address realms
  - · Try to find optimal connection between endpoints
  - · Use relays only if necessary
  - Support for STUN and TURN
- draft-ietf-mmusic-ice-15.txt
- An end-to-end solution avoiding assumptions about middle-boxes
  - May be obsoleted by middlebox control some fine day...
- Applies to media path, not signaling
  - But signaling must be aware of ICE (specific SDP attributes)
  - · Poor default behavior for non-ICE clients
- Abstract signaling model
  - Fits SIP, H.323, RTSP and similar protocols

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### Operation

- Idea: peers exchange lists of transport addresses, mutual connectivity tests
- Clients must detect own transport addresses
  - The more, the better
  - Local interfaces (including private addresses, e.g. in 10/8 net)
  - Detection using "external" reflectors (e.g. STUN, TURN)
  - Assigned tunnel addresses (e.g. PPTP)
- Clients run STUN servers on every published transport address
  - · Explicit keep-alives for NAT binding
  - Shared with media streams

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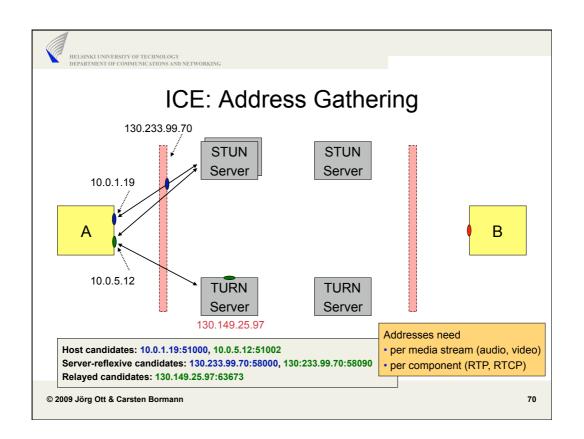


## Operation Details: 9 Steps

[some of the following slides inspired by Jonathan Rosenberg's ICE tutorial given on 7 November 2006 at the 67<sup>th</sup> IETF]

- Step 1: Allocation
- Step 2: Prioritization
- Step 3: Initiation
- Step 4: Allocation
- Step 5: Information
- Step 6: Verification
- Step 7: Coordination
- Step 8: Communication
- Step 9: Confirmation

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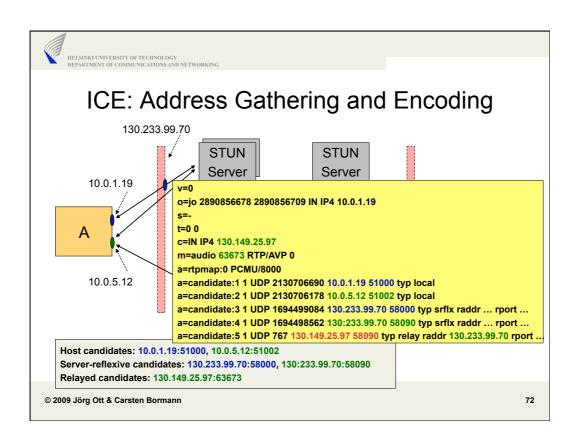


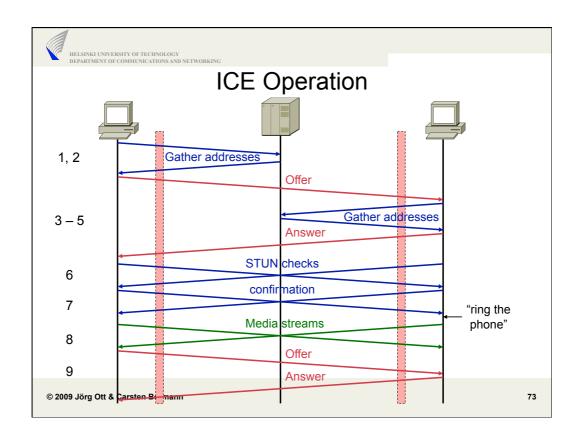


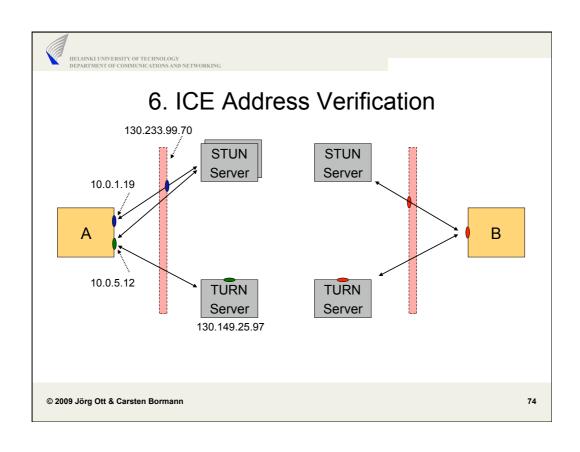
### Address Gathering and Prioritization

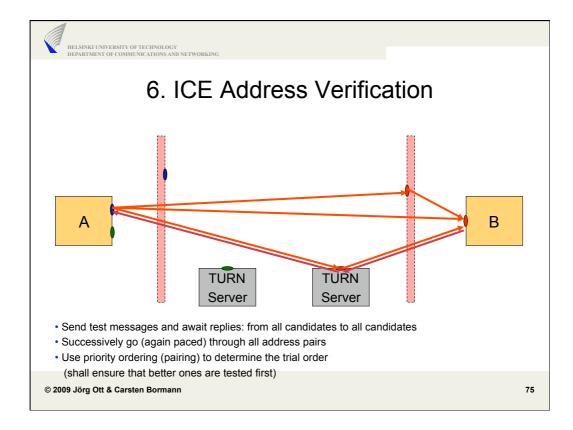
- Address gathering can cause significant traffic
  - · Multiple interfaces, IP address versions, STUN servers
  - Multiple media streams and components per stream
  - · May cause network or NAT overload
- Pace transmission (20ms intervals)
- Prioritization across candidates:
  - Reflect the quality (e.g., in terms of minimal overhead)
  - · Host addresses are better than reflexive ones are better than relayed
  - RTP over RTCP

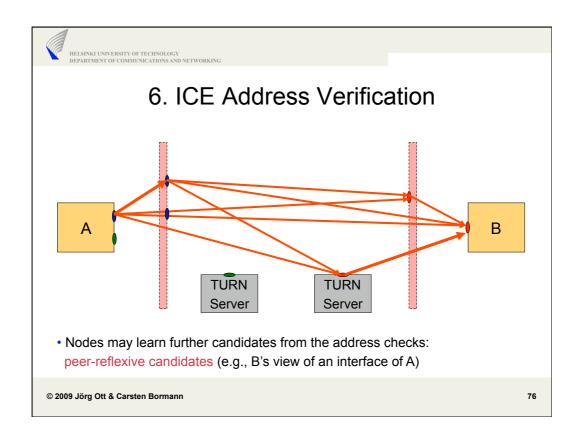
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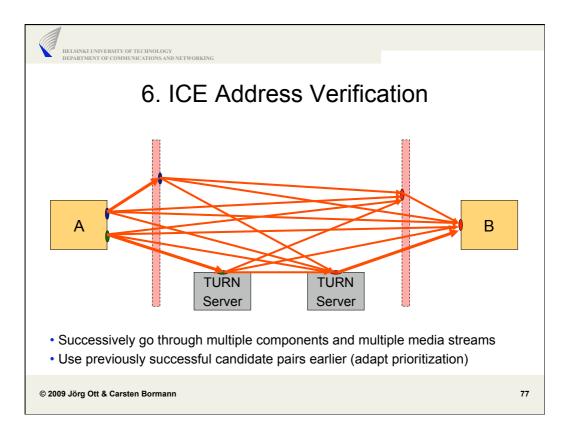














## Summary: Top 10 ICE Facts

- ICE makes use of Simple Traversal Underneath NAT (STUN) and Traversal Using Relay NAT (TURN)
- ICE is a form of p2p NAT traversal
- ICE only requires a network to provide STUN and TURN servers
- 4. ICE allows for media to flow even in very challenging network conditions
- ICE can make sure the phone doesn't ring unless media connectivity exists

- 6. ICE dynamically discovers the shortest path for media to travel between endpoints
- 7. ICE has a side effect of eliminating a key DoS attack on SIP (Voice Hammer)
- 8. ICE works through nearly any type of NAT and firewall
- 9. ICE does not require the endpoint to discover the NATs, their type, or their presence
- ICE only uses relays in the worst case – when BOTH sides are behind symmetric NAT

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### Design Aspects for Application Protocols (1)

- Operation without specific support from middleboxes
  - Guidelines for application protocol design for NATs: RFC 3235
    - Fairly general statements of limited usefulness (nothing really new in 2002)
    - Don't send addresses in the payload
    - Avoid session bundles
    - Session bundles originate from the same end (typically the client)
    - Prefer connection-oriented transport
  - STUN, TURN, ICE: one solution set preserving end-to-end model
- Frequent "fallback" position: tunneling through HTTP (port 80)
  - This SHOULD NOT be the default option may subvert security
  - Endless race between firewall vendors and application designers
  - "Smart" firewalls analyzing port 80 contents may have undesired side effects
  - The same applies to other well-known ports

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### Design Options for Application Protocols (2)

- If you want to work with ALGs
  - Design your protocol "in the open" (publish it!)
    - Need to motivate middlebox vendors to support it or forget about it
  - Self-describing (ideally per packet!) traffic; easy to parse
  - Separate communicated transport addresses from other protocol parameters
  - If needed, avoid securing these (only) in the signaling protocol
    - Move validating towards the dynamically established transport instead
  - Perform in-band protocol validation and negotiation (within a session)
    - Minimize cross-session dependencies
- Communication architecture
  - Make use of representative nodes ("servers", "proxies", "super-nodes", etc.) if possible and useful for the application
  - But beware of introducing additional points of failure, scaling issues, etc.
    - And the need for operations and management

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## Design Options for Application Protocols (3)

#### Protocol design itself

- Don't fragment
- · Introduce additional (application layer) demultiplexing
  - To reduce the need for transport bundles
- Avoid communicating addresses in the payload if possible
- Otherwise: make use of UNSAF and/or middlebox traversal mechanisms as applicable
  - Using STUN, TURN, ICE requires demultiplexing e.g. STUN and application protocol messages on the same transport address ("socket")
  - Negotiation protocol needed (currently ICE only specified for SDP and offer/answer)
- Minimize brittleness
  - Use minimal number of addresses
  - Observe and deal with communication failures
- · Be careful with assumptions
  - (non-)existence of middleboxes; operation of a middlebox
  - Which side of the middlebox you are on

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